

TEXAS WOMAN'S UNIVERSITY

School of Occupational Therapy

Professional Employment History

- 2013- present Staff Occupational therapist, Palms of Pasadena Hospital HCA
Acute care, In-patient Rehabilitation
Outpatient lymphedema clinic
- 2018- present Adjunct Faculty, NOVA Southeastern University
Department of Occupational Therapy, Doctor of Occupational Therapy
Program
- 2017 Graduate Assistant, Texas Woman's University
Department of Occupational Therapy, Master of Occupational Therapy
Program
- 2015-2017 Laboratory Assistant, NOVA Southeastern University
Department of Occupational Therapy
- 2011 - 13 Lead therapist and Occupational therapist, Alhambra Health and
Rehabilitation Center (Greystone Health Management)
- 2006 - 11 Staff Occupational therapist, Genesis Health Care at Menorah Manor
Nursing Center
- 2005 - 06 Staff Occupational Therapist, Access Therapy Inc (home health)
- 2004 -05 Part-time Instructor, Department of Occupational Therapy, University of
the Philippines, Manila
- 2004 -05 Clinical Supervisor, Children's Therapy Services Pediatric Clinic,
University of the Philippines, Manila
- 2003 -05 Occupational Therapist Consultant, Rehab Partners Therapy Center,
Manila, Philippines

University Education

Texas Women's University
Doctor of Philosophy in Occupational Therapy
May 10, 2020
Dissertation: The Use of the Remotivation Process in an Occupational Therapy Program for
Clients with Breast Cancer-Related Lymphedema

University of Florida
Master of Health Science, Major: Occupational Therapy
May 03, 2011
Thesis: Use of an Occupational Skills Checklist in Discharge Planning

University of the Philippines - Manila
Bachelor of Science in Occupational Therapy
April 23, 2003
Undergraduate thesis: Psychosocial issues of Filipinos working in Western countries

Professional Qualifications

2006 - present Licensed Occupational Therapist, Florida Lic # 12499
2011-present Certified Lymphedema Therapist, cert # 201205211
2017 Completed the Cancer Rehabilitation Level II training by the American Occupational Therapy Association
2007-2012 Certified Senior Strength Trainer, cert # 324625437

Grants and Scholarships, Received

Texas Woman's University

Spring 2018

Virginia Candler Dykes Scholarship

Fall 2017

Virginia Candler Dykes Scholarship

Spring 2017

TWU Graduate Student Scholarship
VCD Scholarship Health Sciences

Fall 2016

TWU Graduate Student Scholarship (3rd)

Spring 2016

TWU Graduate Student Scholarship (2nd)
VCD Scholarship Health Sciences

Fall 2015

TWU Graduate Student Scholarship (2nd)
VCD Scholarship Health Sciences

Spring 2015

TWU Graduate Student Scholarship
VCD Scholarship Health Sciences

Fall 2014

TWU Graduate Student Scholarship
VCD Scholarship Health Sciences

Peer-Reviewed Publications

Bowyer, P., Tiongco, C., Rubio, L., Liu, J., & Whisner, S. M. (2018). Admission Requirements and Practices in Entry-Level Occupational Therapy Programs. *Journal of Occupational Therapy Education*, 2 (3). <https://doi.org/10.26681/jote.2018.020301>

Rubio, K. (2018). Lymphedema Self-Management. *OT Practice*. (23) 1. 8-12.

Rubio, L.K. (2012). How “Baby Boomers” will impact health care and OT. *ADVANCE for Occupational Therapy Practitioners*. (28)4. 17 & 46.

Rubio, K. (2015). The effects of lymphedema on activities of daily living. *Florida Occupational Therapy Quarterly Newsletter, Winter 2015*.

Peer-Reviewed Presentations

Rubio, L.K. & Bowyer, P. Use of the Remotivation Process in an Occupational Therapy Program for Clients With Breast Cancer-Related Lymphedema: A Preliminary Study. *American Occupational Therapy Association Annual Conference, April 2019; New Orleans, LA*.

Bowyer, P., Tiongco, C., & Rubio, L.K. A Preliminary Study of Commonly Used Assessment Instruments in Occupational Therapy Practice: Implications and Future Directions. *World Federation of Occupational Therapy Congress, May 2018; Cape Town, South Africa*.

Bowyer, P., Tiongco, C., & Rubio, L.K. A Preliminary Study of Commonly Used Assessment Instruments in Occupational Therapy Practice: Implications and Future Directions. *American Occupational Therapy Association Annual Conference, April 2018; Salt Lake City, UT*.

Rubio, L.K. & Bowyer, P. Use of the Remotivation Process in an Occupational Therapy Program for Clients With Breast Cancer-Related Lymphedema: A

Preliminary Study. *American Occupational Therapy Association Annual Conference, April 2018; Salt Lake City, UT.*

Rubio, L.K. & Bowyer, P. A client's perspectives on the role of occupational therapy in breast cancer-related lymphedema. *5th International Institute on Kielhofner's Model of Human Occupation, October 2017; Houston, TX.*

Rubio, L.K. & Bowyer, P. A client's perspectives on the role of occupational therapy in breast cancer-related lymphedema. *American Occupational Therapy Association March 2017; Philadelphia, PA.*

Rubio, L.K. & Bowyer, P. A client's perspectives on the role of occupational therapy in breast cancer-related lymphedema. *Florida Occupational Therapy Association Annual Conference, November 2016; Orlando, FL.*

Rubio, L.K. & Baxter, F. How does adaptation occur in the brain? *Texas Occupational Therapy Association Annual Conference, November 2015; Dallas, TX.*

Invited Presentations

Rubio, L.K. Occupational Therapy in Breast Cancer-Related Lymphedema Glass Half Full Occupational Therapy Talk Podcast, June 2017.
<http://glasshalffullot.com/podcast/breast-cancer-related-lymphedema/>

Current Professional Memberships

Florida Occupational Therapy Association
Member # 699811

American Occupational Therapy Association
Member # 4273662

World Federation of Occupational Therapy
Member # 4273662

Teaching Experience

2020 Adjunct Faculty, NOVA Southeastern University
Department of Occupational Therapy, Doctor of Occupational Therapy Program
Courses taught:
OTD 8273 Occupational Therapy Interventions III (Spring)
OTD 8103 Kinesiology of Occupations (Fall)

- 2019 Adjunct Faculty, NOVA Southeastern University
Department of Occupational Therapy, Doctor of Occupational Therapy
Program
Courses taught:
OTD 8152: Human Conditions and Occupations II (Spring)
OTD 8273 Occupational Therapy Interventions III (Spring)
OTD 8103 Kinesiology of Occupations (Fall)
- 2018 Adjunct Faculty, NOVA Southeastern University
Department of Occupational Therapy, Doctor of Occupational Therapy
Program
Courses taught:
OTD 8103 Kinesiology of Occupations (Fall)
OTD 8273 Occupational Therapy Interventions III (Spring)
- 2017 Graduate Assistant, Texas Woman's University
Department of Occupational Therapy, Master of Occupational Therapy
Program
Course: OT 5142 Scholarly Inquiry (Fall)
- 2015-2017 Laboratory Assistant, NOVA Southeastern University
Department of Occupational Therapy
Course: OTD 8103 Kinesiology of Human Occupations (Fall)
- 2004 -05 Part-time Instructor, Department of Occupational Therapy, University of the
Philippines, Manila